



MRN: _____

Patient Name: _____

Age: _____ Date of Birth: _____ Sex: Male / Female Pregnant: Yes / No

Primary Care Dr: _____ Referring Dr: _____ Pharmacy: _____

☐ Same as Primary Care Physician

MAIN REASON for visit:

Laboratory results pertaining to this referral? Yes / No Doctor's office or laboratory: _____

(Please circle other concerns to be addressed at other visits)

| | | | | | |
|----------------------|-----------------------|---------------|------------------|-----------------------|-----------------------|
| Allergic reaction(s) | Nasal/Sinus allergies | Eye allergies | Throat clearing | Cough | Shortness of breath |
| Eczema | Hives / Rash | Swelling | Heartburn | Difficulty swallowing | Trouble with exercise |
| Food allergies | Insect allergy | Drug allergy | Vaccine reaction | Frequent infections | Asthma |

Medical History (Allergy related) Please circle **only** physician confirmed diagnoses

| | | | | | |
|--------------------|-------------------------|-------------------------|--------------------------|-----------------------------------|------------------|
| Anaphylaxis | Allergic rhinitis | Allergic conjunctivitis | Asthma | # Sinus infections per year _____ | |
| Eczema | Atopic dermatitis | Urticaria | GERD (esophageal reflux) | Food allergies | Immunodeficiency |
| Contact dermatitis | Stinging insect allergy | Angioedema | Eosinophilic esophagitis | Drug allergy | Other: _____ |

Have you ever seen an allergist before? Yes / No When? _____ Dr: _____

Did you have a skin test? Yes / No When? _____

What allergy medications have you tried? _____

For skin testing: Have you stopped all allergy/reflux-antihistamines for 7 days? Yes / No

*Did you receive the Influenza vaccine this season (Sept to Apr)? Yes / No

If yes, approx. date: _____

*Would you like the flu shot today?
Yes / No

| Hospitalizations: (List dates) | Surgeries: (List dates) |
|--------------------------------|-------------------------|
| | |
| | |

| Medical History: | Current Medications: | Medication Allergies: |
|------------------|----------------------|--|
| | | <input type="checkbox"/> No known drug allergies |
| | | |
| | | |

Are you on a medication to control your high blood pressure? Yes / No If so, what is the medication? _____

Do you have heart disease? Yes / No

Family History: (mark X or indicate detail if applies) ☐ Adopted or Unknown

| | Mother | Father | Siblings | Grandparent |
|---|--------|--------|----------|-------------|
| Nasal/Sinus allergies | | | | |
| Asthma | | | | |
| Food allergies | | | | |
| Atopic Dermatitis / Eczema | | | | |
| Bee/stinging insect allergy | | | | |
| Eosinophilic Esophagitis (trouble swallowing) | | | | |
| Immune problems / Frequent infections | | | | |
| Urticaria or Angioedema (hives or swelling) | | | | |
| Autoimmune disease | | | | |
| Heart disease | | | | |
| Stroke | | | | |
| Lung disease | | | | |
| Diabetes | | | | |
| Inflammatory bowel disease | | | | |
| Osteoporosis | | | | |
| Cancer | | | | |
| Other | | | | |

Social/Environmental History:

With whom do you / child / patient primarily live: _____

Occupation / Grade in school: _____
☐ Home/Family manager ☐ No Daycare (Stays at Home)
☐ Preschool ☐ Grade School ☐ Junior/Middle School ☐ High School ☐ College

Pets/Animals at home: ☐ None ☐ Cat(s) ☐ Dog(s) ☐ Rabbit(s) ☐ Guinea Pig(s) ☐ Bird(s) ☐ Horse(s) ☐ Other: _____

Does anyone inside the home smoke? ☐ Yes ☐ No

Do you smoke or are you a former smoker? ☐ Yes ☐ No

If yes, (please circle) **vape** or **cigarettes**;

Do you use Tobacco? ☐ Yes ☐ No

____ packs per day for ____ years. Quit ____ years ago.

Do you drink alcohol? ☐ Yes ☐ No

Do you use any drugs/medications recreationally? ☐ Yes ☐ No

Is there any water damage in the home? ☐ Yes ☐ No

Is there any mold inside or outside of your home? ☐ Yes ☐ No

Are there problems with pests inside the home? ☐ Yes ☐ No

If yes, specify: _____

What type of heating do you have in your home? ☐ Gas/Forced air ☐ Fireplace/Gas stove ☐ Other: _____

What type of air conditioning do you have? ☐ Central air ☐ Window units ☐ Swamp cooler ☐ None

Do you have carpeting in your home? ☐ Throughout ☐ Minimal ☐ No

Do you use feather blankets or pillows? ☐ Yes ☐ No

Any strong fragrances used in your home? ☐ Yes ☐ No

Do you (Does the patient) follow a special diet? ☐ Yes ☐ No

If yes, please describe: _____

Have you (or the patient) traveled internationally? ☐ Yes ☐ No If yes, when/where: _____

Review of Systems: Please mark any symptoms the patient has experienced recently.

Constitutional: ☐ Fever ☐ Chills ☐ Fatigue ☐ Loss of appetite ☐ Weight loss ☐ Weight gain ☐ Sleep problems

Skin: ☐ Rash ☐ Itching ☐ Hives ☐ Dryness ☐ Frequent skin infections

Eyes: ☐ Itchy eyes ☐ Red eyes ☐ Burning eyes ☐ Watery eyes ☐ Swollen eyes ☐ Visual disturbances

Ears: ☐ Itchy ears ☐ Frequent ear infections ☐ Ear tubes

Nose: ☐ Itchy nose ☐ Sneezing ☐ Runny nose ☐ Nasal congestion ☐ Nose bleeds ☐ Nasal polyps

☐ Sinus pressure ☐ Sinus pain ☐ Frequent sinus infections

Mouth/Throat: ☐ Itchy mouth ☐ Swollen mouth ☐ Heartburn ☐ Difficulty swallowing (food stuck) ☐ Painful swallowing

Respiratory: ☐ Cough ☐ Shortness of breath ☐ Wheezing ☐ Chest tightness ☐ Exercise intolerance

☐ Frequent pneumonias ☐ Coughing up blood

Cardiovascular: ☐ Chest pain ☐ Palpitations ☐ History of fainting ☐ High blood pressure ☐ Taking beta-blockers (ends in lol)

Gastrointestinal: ☐ Nausea ☐ Vomiting ☐ Abdominal pain ☐ Diarrhea ☐ Blood in the stool ☐ Constipation

☐ Liver problems

Genitourinary: ☐ Kidney problems ☐ Kidney stones ☐ Frequent infections ☐ Incontinence

Musculoskeletal: ☐ Muscle pain ☐ Joint pain ☐ Joint swelling

Endocrine: ☐ Frequent urination ☐ Thirst ☐ Heat or cold intolerance

Hematologic/Oncologic: ☐ Anemia ☐ Easy bleeding or bruising ☐ Prone to blood clots ☐ History of blood transfusion

☐ Cancer

Allergic/Immunologic: ☐ Anaphylaxis (severe allergic reaction) ☐ Stinging insect anaphylaxis ☐ Penicillin allergy

☐ NSAID allergy ☐ Metal allergy ☐ Latex allergy ☐ Frequent infections

Neurological: ☐ Headache ☐ Migraines ☐ Seizures ☐ Learning problems ☐ Numbness/tingling in extremities

Psychiatric: ☐ Stress ☐ Depression ☐ Anxiety ☐ Behavioral problems